## psalm 37



- <sup>3</sup> Trust in the LORD and do good; dwell in the land and enjoy safe pasture.
- <sup>4</sup> Take delight in the LORD, and he will give you the desires of your heart.
- <sup>5</sup> Commit your way to the LORD; trust in him and he will do this:
- <sup>6</sup> He will make your righteous reward shine like the dawn, your vindication like the noonday sun.
- <sup>7</sup> Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.
- 8 Refrain from anger and turn from wrath; do not fret—it leads only to evil.
- <sup>9</sup> For those who are evil will be destroyed, but those who hope in the LORD will inherit the land.
- <sup>16</sup> Better the little that the righteous have than the wealth of many wicked;
- <sup>17</sup> for the power of the wicked will be broken, but the LORD upholds the righteous.
- <sup>18</sup> The blameless spend their days under the LORD's care, and their inheritance will endure forever.
- <sup>19</sup> In times of disaster they will not wither; in days of famine they will enjoy plenty.
- <sup>23</sup> The LORD makes firm the steps of the one who delights in him;
- <sup>24</sup> though he may stumble, he will not fall, for the LORD upholds him with his hand.
- <sup>25</sup> I was young and now I am old, yet I have never seen the righteous forsaken or their children begging bread.
- <sup>26</sup> They are always generous and lend freely; their children will be a blessing.
- <sup>27</sup> Turn from evil and do good; then you will dwell in the land forever.
- <sup>28</sup> For the LORD loves the just and will not forsake his faithful ones.

## REFLECT

God's people are not always protected from troubles in this world. Look for at least three difficulties when God sustains those who trust him. What do God's gifts look like? How has God given you strength in the midst of challenges?

## RESPOND

David, the author of this psalm, calls us to a life of faith and to be alert for God's work in our lives. Make a chart of what David encourages us to do on one side, and what God will do on the other. Circle the human actions that are difficult for you right now. Ask God to strengthen your faith so that others can see his work through your life.