

CITYCHURCH



USING MY INDIVIDUALITY FOR MINISTRY

I praise you, because I am fearfully and wonderfully made!
Psalm 139:14

...Each of us has a set of mental tools that we have become comfortable using and thus reach for in the everyday business of living. Although we all have access to the same basic tools in our psychological toolbox, each of us is more comfortable with and thus prefers a particular tool (or set of tools) for a particular task. It is our unique set of these preferences that gives us our distinct personality and makes us appear similar or dissimilar to others.

--Peter Briggs Myers, Gifts Differing

You have been created with preferences—choices you make when relating to others.

You are more comfortable relating in some ways than in others.

Certain responses come more naturally to you...

No matter where you are—you can certainly relate in ways other than your preferred style, but it isn't as comfortable.

When relationships don't permit your preferred style, they require additional time, energy and sensitivity.

--Bruce Bugbee, What You Do Best in the Body

The following Personal Exercise and Preparation has been adapted from the *Personality Indicator Worksheet* by CACC (Center of Advancement for Christian Coaching).

The purpose of this personal style indicator is to help you identify your basic personality tendencies, which will add greater understanding to your unique DESIGN. The personal style indicator worksheet is not meant to be a standardized personality inventory.

When reading each set of corresponding characteristics ask yourself:

“Which characteristic seems more effortless and comfortable for me?”

and

“Which characteristic would most accurately describe me as I usually am?”

Place a checkmark by each characteristic that more accurately describes you. While both of the statements may be true for you, one of the two statements most likely describes you better or more consistently than the other one.

EXTROVERSION / INTROVERSION

Your responses to the following statements will help you determine the degree of interaction you prefer to have with others, and whether you **prefer a more active or reflective approach to the world and situations around you.**

EXTROVERSION

INTROVERSION

<input type="checkbox"/> Energized by participation in activities	<input type="checkbox"/> Energized when involved with your inner world of ideas
<input type="checkbox"/> Enjoy being involved in multiple activities	<input type="checkbox"/> Tend to be reflective
<input type="checkbox"/> Energized by being with groups of people	<input type="checkbox"/> Enjoy time to be alone--being with groups of people can be emotionally draining
<input type="checkbox"/> Energized by working in groups	<input type="checkbox"/> Enjoy solitary activities—group activities may not be energizing
<input type="checkbox"/> Have a diverse range of acquaintances & friends	<input type="checkbox"/> Prefer fewer, close relationships
<input type="checkbox"/> Like to make things happen; enjoy action	<input type="checkbox"/> Like to have a clear understanding of a plan before moving into action
<input type="checkbox"/> Sometimes can move too quickly in a situation	<input type="checkbox"/> Sometimes can spend too much time reflecting before moving into action
<input type="checkbox"/> Understanding of a problem often becomes clearer if you first talk with others	<input type="checkbox"/> Understanding of problem becomes clearer by reflecting on ideas that help explain the problem

Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.
Psalms 139:14

FACTUAL / INTUITIVE

Your responses to these statements will help you determine whether you **attach more credibility to information that comes in through your five senses or by insight.**

FACTUAL

INTUITIVE

<input type="checkbox"/> Concerned with what is actual and current	<input type="checkbox"/> Your impression of an experience is what gives you insight into a situation
<input type="checkbox"/> In approaching situations, prefer to look at the facts first	<input type="checkbox"/> Increase understanding through insight
<input type="checkbox"/> Often skilled at seeing the practical application of ideas	<input type="checkbox"/> Concerned with what is possible and new; Enjoy the prospect of future possibilities
<input type="checkbox"/> Sometimes can focus on the facts and can miss new possibilities	<input type="checkbox"/> Sometimes have a tendency to focus on new possibilities and the practicalities are missed
<input type="checkbox"/> Prefer to work from the facts to the big picture	<input type="checkbox"/> Prefer to work from the big picture to the facts
<input type="checkbox"/> You believe that experience speaks louder than words	<input type="checkbox"/> Place significant trust in insights and less in what is literally experienced
<input type="checkbox"/> Take things literally	<input type="checkbox"/> Take things figuratively

We see things not as they are but as we are. --*author unknown*

ANALYTICAL / DIPLOMATIC

Your responses relate to your perceptions of the world and will help determine whether you give **more weight to objective principles or to the relational concerns of the people involved when making decisions.**

ANALYTICAL

DIPLOMATIC

<input type="checkbox"/> Concerned with the objective truth of a situation. Can give the impression of being impersonal and analytical in your approach to situations.	<input type="checkbox"/> Hold a people-oriented perspective and believe that the best decisions are made by considering the viewpoints of all persons involved.
<input type="checkbox"/> Look for logical consistency and analysis of cause and effect explanations or solutions to most everything.	<input type="checkbox"/> Concerned with whether or not decisions and actions are worthwhile.
<input type="checkbox"/> Notice inconsistencies.	<input type="checkbox"/> Often concerned with establishing or maintaining harmony in relationships.
<input type="checkbox"/> Make decisions by removing personal concerns that may lead to biased or unfair decision making.	<input type="checkbox"/> Make decisions based on what is best for the relationships between people involved.
<input type="checkbox"/> Make decisions with your head, with a significant focus on equality or fairness.	<input type="checkbox"/> Make decisions with your heart and want to be compassionate.
<input type="checkbox"/> Believe telling the whole truth is more important than being tactful.	<input type="checkbox"/> Being tactful is more important than telling the whole truth.
<input type="checkbox"/> Sometimes miss seeing or valuing the people part of situations and can be perceived by others as too task-oriented, uncaring, or indifferent.	<input type="checkbox"/> Sometimes miss seeing or communicating the hard truth of situations and can be perceived by others as too idealistic, too gentle, or indirect.

You know my thoughts even when I'm far away... You know everything I do. You know what I am going to say even before I say it, LORD. - *Psalm 139:2-4*

STRUCTURED / FLEXIBLE

Your responses to these statements will help you determine whether you **prefer a more precise and structured lifestyle, or a more adaptable and flexible lifestyle.**

STRUCTURED

FLEXIBLE

<input type="checkbox"/> Prefer a planned way of life; like to have things organized	<input type="checkbox"/> Prefer a more flexible and spontaneous way of life; like to understand & adapt to the world around you
<input type="checkbox"/> Like to bring life under control to the degree that is possible	<input type="checkbox"/> Like staying open to respond to whatever happens
<input type="checkbox"/> Give the impression of being task-oriented	<input type="checkbox"/> Appear more casual
<input type="checkbox"/> Create lists of things to do	<input type="checkbox"/> Like to keep laid-out plans to a minimum
<input type="checkbox"/> Like to get work done before playing	<input type="checkbox"/> Like to mix work and play
<input type="checkbox"/> Plans work; dislikes rushing before a deadline	<input type="checkbox"/> Work in bursts and enjoy rushing before deadlines
<input type="checkbox"/> Can make decisions too quickly without all information	<input type="checkbox"/> Can stay open to new information and miss making timely decisions
<input type="checkbox"/> Sometimes can focus so much on the goal or plan that the need to change directions is missed	<input type="checkbox"/> Sometimes can focus so much on adapting to the moment that a direction or plan is not decided on.
<input type="checkbox"/> May internally feel flexible and open to new information	<input type="checkbox"/> May internally feel organized and decisive
<input type="checkbox"/> Most efficient when you have plenty of time to complete a project	<input type="checkbox"/> Most efficient when you have little time to complete a project.

Your personal style may explain your behavior. It does not excuse it! --*Bruce Bugbee*

PERSONAL STYLE SUMMARY

Each of the combinations [of mental processes–preferences] produces a different kind of personality, characterized by the *interests, values, needs, habits of mind, and surface traits that naturally result* from the combination. Combinations with a common preference will share some qualities, but each combination has qualities all its own, arising from the *interaction* of the preferred way of looking at life and the preferred way of judging what is seen. --Isabel Myers Briggs, *Gifts Differing*

The way I prefer to approach to the world around me is:

___ **EXTROVERSION**
(more active)

___ **INTROVERSION**
(more reflective)

The way I prefer to take in information is more:

___ **FACTUAL**
(through five senses)

___ **INTUITIVE**
(by insight/intuition)

The way I prefer to order my life is more:

___ **STRUCTURED**
(precise and orderly)

___ **FLEXIBLE**
(adaptable and open)

The way I prefer to make decisions and come to closure on information is more:

___ **ANALYTICAL**
(objective/factual)

___ **DIPLOMATIC**
(personal/human concerns)

A significant part of your design is revealed through your personal style.
It is another way God has put his divine fingerprint upon you.
As a part of your servant profile, your style complements your passion
and indicates the unique way your spiritual gift will be expressed.
--Bruce Bugbee, *What You Do Best in the Body*

Input your information to the “Individuality” section of your [DESIGN PROFILE](https://citychurchmpls.org/profile)

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